

## TOILET TRAINING POLICY AND PROCEDURE

Every child's development is unique. Some children can be toilet trained earlier and faster than others. It is important to support children to learn at their own pace.

The advice on when to start toilet training children can vary. NHS guidance explains that most children are ready to begin toilet training from around 18 months to 2 years. However, some people may choose to start earlier.

To ensure a smooth and successful transition from nappies to pants, we encourage you to begin potty training at home, and once it's underway, we will happily continue to support and reinforce this progress here at the nursery.

**Here are a few helpful and fun tips to get started:**

\*Begin the process during the weekend by letting your child wear underpants for part of the day. This gives them a chance to adjust comfortably to the new routine.

\*Establish a gentle routine by taking them to the toilet every 30 minutes, helping them feel secure and confident in the process.

\*Celebrate every small success! Offering praise, even if they simply sit on the toilet, this helps build their excitement and motivation.

\*Make it a fun experience by involving your child in choosing a toilet seat, step stool, and their favourite underpants. This gives them a sense of ownership and excitement.

At the nursery, we will initiate potty training with half-day sessions, keeping children in pants, preferably during the morning session. We provide a child-friendly environment with step stools, child-sized toilets, and seats to make them

feel comfortable. Just like at home, we'll take children to the toilet every 30 minutes and offer lots of praise for their efforts.

Please note, whilst we record all nappy changes at nursery, it is not always feasible to record every toilet visit due to practical constraints in group care. However, rest assured that any accidents that occur, will be recorded and we'll note them as "accident" so you're fully informed.

**We appreciate your support and kindly ask that you provide the following to help us during this exciting transition:**

- Several pairs of underpants, joggers, and socks, as accidents are a natural part of the learning process.

We're here to support you every step of the way as your child embarks on this important milestone. Together, we can make this a positive and enjoyable experience for them.