

NAPPY CHANGING POLICY AND PROCEDURE

Policy Statement

CMN Nurseries are committed to providing an inclusive environment in which no child is excluded due to being not yet toilet trained or wearing nappies or equivalent. We work collaboratively with parents to support toilet training, except where medical or developmental reasons indicate that it is inappropriate at the time.

We ensure that bathroom facilities and hygiene practices are suitable for children who are not, yet toilet trained. Toilet training is recognised as an important self-care skill, and children are encouraged to develop independence in this area with the full support and non-judgmental guidance of trained staff.

Procedures

1. Provision of Supplies

- CMN Nurseries provide nappies, wipes, and barrier creams (e.g., Sudocrem) for children who require them.
- Parents are requested to provide pull-ups for children during the toilet training process.

2. Personalised Care

- Key persons maintain nappy-changing schedules tailored to the needs of the children in their care.

3. Changing Environment

- Changing areas are warm, safe, and appropriately equipped to ensure children's comfort.
- Staff wear gloves and aprons before each nappy change, and changing mats are cleaned and disinfected before and after use for each child.

4. Hygiene and Safety

- All staff are trained in appropriate hygiene procedures and follow these consistently during nappy changes.

- Nappy changing is conducted as a calm and supportive activity, allowing children to develop independence where appropriate.

5. Interaction with Children

- Staff engage with children in conversation during nappy changes, discussing what they have been doing, their favourite topics, or other interests to help them feel safe, relaxed, and comfortable.
- Children are encouraged to take an interest in using the toilet; some may wish to sit and observe or communicate with peers.
- Children are supported to wash their hands independently, with soap and towels readily available, and are encouraged to explore water and soap through play.

6. Respect and Dignity

- Staff treat children with care and respect during nappy changes, avoiding negative facial expressions or comments about nappy contents.
- Inappropriate comments regarding children's genitals are strictly prohibited.

7. Independence for Older Children

- Older children are encouraged to use the toilet independently whenever needed.

8. Disposal of Nappies

- Used nappies and pull-ups are disposed of hygienically. Soiled nappies containing faeces are bagged and placed in a designated bin.

9. Safeguarding

- Continuously leaving young children in wet or soiled nappies/pull-ups may be considered neglect and will be addressed as a disciplinary matter.